









Hygiene & Food Safety Training Highlights

Strengthening Fresh Food Markets for Healthier Food Environments Project









Why It Matters





"Healthier markets mean healthier communities."

Markets feed our cities — but every uncovered tomato or unwashed hand can spread disease.

Through ICLEI Africa's urban food systems initiative, NutriCare is helping vendors turn daily habits into tools for safer, healthier cities.







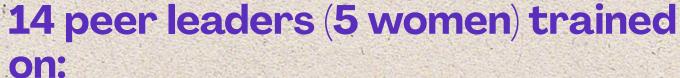














Safe handling & hygiene

Clean water and waste management

Six-step proper handwashing routine





Delivered in Chichewa — simple, relatable, and practical.

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Action in Motion





- Vendors practised handwashing with buckets and soap.
- Peer trainers demonstrated good hygiene.
- ··· Real stories sparked new ideas —



like shared washing points and better waste control.



















NutriCare distributed:

Aprons for safe handling Handwashing buckets

p checklist for tracking cleanliness

These tools turn learning into habit — one stall at a time.

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Early Impact

Vendors now start each day with handwashing

- Cleaner stalls attract customers
- ✓ Trust and hygiene go hand-in-hand

"Clean hands. Healthy markets. Stronger cities."

#FoodSafety #HealthyMarkets #ICLEIAfrica #NutriCare #UrbanHealth





